



St. George's University

SCHOOL OF MEDICINE

GOLD HUMANISM HONOR SOCIETY

INDUCTION CEREMONY

FRIDAY, JUNE 2, 2023

6:30 PM

FOUR POINTS BY SHERATON HOTEL
FLUSHING, NY

GOLD HUMANISM HONOR SOCIETY

ST. GEORGE'S UNIVERSITY SCHOOL OF MEDICINE CHAPTER

The Gold Humanism Honor Society (GHHS) honors medical students, residents, role-model physician teachers, and other exemplars recognized for “demonstrated excellence in clinical care, leadership, compassion and dedication to service.” Organized to elevate the values of humanism and professionalism within the field of medicine, the Society is fast becoming integrated into the medical educational environment.

GHHS is a steadfast advocate for humanism on medical school campuses and across healthcare institutions. Having a chapter of GHHS signifies to students and faculty that an institution places high value on the interpersonal skills and attitudes that are essential for excellent patient care.

Inspiration for GHHS began in the late 1990s, when medical educators and residency program directors expressed the need for a mechanism to identify applicants for internships and residencies who have outstanding clinical and interpersonal skills. Thanks to a series of grants from the Robert Wood Johnson Foundation, deans, medical educators, and experts in assessment were convened to explore and research the viability of an honor society to promote humanistic values and behaviors.

MISSION

GHHS recognizes, supports, and promotes the values of humanism and professionalism in medicine. GHHS committed to working within and beyond medical education to inspire, nurture, and sustain lifelong advocates and activists for patient-centered medical care.

The SGU chapter of the GHHS was initiated in 2005 with the guidance of the Arnold P. Gold Foundation and endorsement by the Chancellor, Board of Trustees, Academic Board of Trustees, Dean of the School of Medicine, and Student Government.

SGU's Chapter honors medical students and alumni for excellence in clinical care, leadership, compassion, and dedication to service, and elevates the values of humanism and professionalism within the field of medicine. It encourages service to patients and communities and reflection that advances humanitarian, ethical, and professional competencies. One avenue for doing so is participation in one of our ongoing Chapter projects. Each new group of Chapter members is expected to participate in conjunction with the Chapter officers and advisor.

GOLD HUMANISM HONOR SOCIETY INDUCTION CEREMONY PROGRAM

Welcome Stephen Weitzman, MD
Dean Emeritus, School of Medicine

Go Forth and Do Good Vickeima Sydney
SGU Class of 2022

Impact of Humanism in Medicine Sadik Uddin
SGU Class of 2023

Pinning of Inductees All inductees

Recitation of the Oath All members

Congratulations Robert T. Grant, MD
Senior Associate Dean of Clinical Studies

In Honor of Alexis D'Elia, MD '08 Daniel D. Ricciardi, MD
Executive Vice President, Clinical Affairs

Closing Marios Loukas, MD
Dean, School of Medicine

Reception

INDUCTEES

Adeyemi Adefolarin

Sameel Ahmed

Clayton Anderson

Jessie Andino Rios

Priya Atodaria

Anastacia Azor

Teja Bollepalli

Kendra Butler

Irwin Cabrera

Emaan Chaudhry

Cortney Collins

Gabriela Cossyleon

Sabrina Costantini

Nicholas Distefano Mercier

Foluke Egbeniran

Miya Elie

Emily Farmer

Olivia Foy

Jacob Fujioka

Sudhish Gogula

Jheanelle Gregory

Daniel Grunberg

Cynthia Gutierrez

Bola Gyras

Mahgol Hamidi

Brady Hernandez

Seth Huprich

Anna Iankovitch

Hisard Jack

Aishwariya Jain

Melyssa James

Khezia Kawaya-Tshola

Clara Keum

Madison Kropp

Radzhesh Laptev

Danielle Lombardo

Sthefany Chavez Loor

Summer Nasr

Marla Nazee

Vanessa Osei-Bonsu

Eric Teye Otumi

Akil Paturi

Richard Pelligrini

Taylor Perdomo

Valeria Ramirez Lombana

Roger Raveiro

Krystal Reid Watson

Oscar Rios

Sean Rivero

Hiranya S

Somia Said

Juhi Saxena

Sara Sayed

Mohammad Shafiq

Melanie Simourd

Jacqueline Stenersen

Fatima Talaver

Haylee Unruh

Shabina Wigneswaran

SELECT BRIEF STUDENT ESSAYS THAT EMBODY THE GHHS SPIRIT

A homeless patient was being seen for a foot injury in the hospital. The patient did not have shoes and seemed embarrassed, so I grabbed some socks and put them on for him. It was disheartening to see him feel exposed and vulnerable. I have always felt the moral obligation to treat everyone with the utmost respect. Helping this patient maintain his dignity while in the hospital gave me a deep sense of satisfaction and peace. Although brief, I left a positive imprint on this patient's life, which is what matters the most to me in this profession.

EMILY KIM

During my first clinical rotation, I was invited to observe a lumbar puncture procedure. The patient was a woman who was very afraid, so much so that the doctors were having a difficult time getting the CSF. I felt sympathy for the patient who was alone (because of COVID) and I wanted to comfort her. I decided to forgo observing the procedure and instead, I held her hands the entire time. It was more important for the patient to have support than anything else. I felt happy afterwards, knowing that even small gestures can go a long way.

PIA URTUBIA

He was a far cry from blueberry pancakes. He had no family, no friends that we could find, and lived alone until he was on my floor. "He refuses to eat, but you can see Mr. L.", my resident said. I examined him and he was completely oriented. He refused any medications or food. For three weeks, I sat and ate lunch next to him trying to figure out why. We eventually became friends, and he ate for me, his friend. Before he left, he was quiet. I asked him what he was thinking, and he said, "blueberry pancakes."

ISHAN SAHU

Despite years of healthcare exposure, the most comforting lesson learned is that the role you play in a patient's life should be that of another human being; treating through a biopsychosocial lens, knowing that their life is as complex and dynamic as your own. That is what one patient in particular taught me, when I noticed myself calling their family, looking into proper aftercare, and researching treatments to set them up for long-term success. Compassion is the most unifying and empowering denominator. I learned to have patience to listen without interruption and target the individual circumstances around the patient before me.

MICHAEL MIKHAIL

When a laboring mother confided that she felt alone because her husband was on a ventilator due to COVID-19, I realized my ability to shape how patients feel about their care. I reflected on the impact of a personal support system on human resilience during quarantine and stood by her through the entire labor period. When she said, "I couldn't have done this without you", I felt inspired knowing that I helped to positively empower her. It solidified my faith in the power of goodness on humanity and the transformative effect it has on patient care.

SAKSHI SHARMA

Patients requiring long term care often struggle with isolation at the best of times. When I can engage with them, limited as it may be, as a persistent face, an aid to their recovery, I remember the purpose of medicine. So often the rush of new information and procedures that require our attention can draw us away from the primary goal of patient care. So, when I can stay with a patient: to do physical therapy, work as they regain strength the length of their months long care, through to discharge, I will take it.

DANIEL MOZELL

“Above and beyond” comes in many different forms. As a medical student, however, it comes mostly in the form of communicating to or advocating for your patient. So, when I met my patient, I had resolved within myself to do my best to make their stay as comfortable as I possibly could, given their ailment. This time, that meant simply sitting down and talking to my patient. I appreciated the extra time I spent with my patient as it showed me the person beyond them being a patient. I saw humans with dreams and aspirations just like me.

PHENYO VICTOR PHUU

As I look back on my clinical year, I have had the opportunity to interact with so many unique patients. After meeting one patient in particular, I felt a sense of compassion and empathy as I too had been in a similar situation. Helping this patient as a medical student was extremely rewarding and gratifying as I was there with and for the patient. I also felt that I was an advocate for the patient on a humanistic level. I feel as though compassion and empathy can go a long way in the care and healing of an individual.

LEAH ROSOPH

An interaction I will never forget would be my first ever patient I followed during inpatient rounds. I remember the fear in her eyes as she was told that something grave could be causing her symptoms. I took it upon myself to review her CT results in her chart the next morning. After receiving good news from me, she had an overwhelming sense of relief while she shed a couple tears. That moment meant everything to me, that's why I am in this field, to keep healthcare human and to make sure every patient is heard and seen.

EGUONO EJAYERIESE

It is impossible to go above and beyond as a physician because it is your duty to do everything you possibly can for each patient you see. This is a privilege and an honor. I am grateful that a fellow human being can trust me with the most intimate details of their life, body, and mind. It is an incredible gift that a patient gives you when they put their health in your hands. I do not take this responsibility lightly and each day I feel proud and fortunate knowing that I had some small part in a patient's life.

AMANDA FRONDELLA

Beginning third year of medical school amid a pandemic made practicing humanism in medicine all the more vital. While on an ICU rotation, one of our patients received an intervention that required monitoring every thirty minutes. In an effort to be helpful, I happily volunteered. Despite being in extreme pain, this patient took the time to get to know and encourage me as much as I did for him. His resilience in the face of dire circumstances humbled and motivated me to continue to understand my patients on a deeper, more human level.

SARA GREENE

It was my first time directly interacting with someone suffering from a serious drug addiction. With the chaos in the background, I closed the curtain and sat with him. Out of the corner of my eye I saw a book sticking out of his bag titled "Lucid Dreaming." I could tell this was a subject he was passionate about, and a way for me to connect with him. From having a simple, yet intellectual conversation, I learned the importance of making a connection with a patient and how much it made him feel at ease and open up to me.

SHAWN FRIEDLAND

GOLD HUMANISM HONOR SOCIETY OATH

As a member of the Gold Humanism Honor Society, I pledge by all that I hold dear as a physician:

1. I will Care for my patients with Compassion, Respect, Empathy, Integrity, and Clinical Excellence
2. I will Listen to my patients with my whole being
3. I will Advocate for each patient as a unique individual
4. I will Serve as a role model and mentor to promote humanism in health care
5. I will Remember always the healing power of acts of caring
6. I will Dedicate myself to joining with others to make health care optimal for all



THE GOLD HUMANISM HONOR SOCIETY STATEMENT OF VALUES FOR MEMBER COMMENTARY

The Gold Humanism Honor Society (GHHS) recognizes medical students, physicians, and leaders who are exemplars of compassionate patient care. The nomination and selection of members into GHHS is guided by peer nomination and grounded in the values of respect, compassion, collaboration, and scientific excellence, as well as a commitment to diversity, equity, inclusion, and anti-racism.

As exemplars, GHHS members lead in many ways, including as role models and mentors. GHHS members are encouraged to take leadership roles within their communities, advancing the vision of the Gold Foundation, which places the interests, values, and dignity of all people at the core of teaching and practice.

Institutions that host GHHS chapters are committed to fostering an environment in which patients, clinicians, learners, and faculty and staff members are expected to treat people of all races, genders, sexual orientations, abilities, religions, and creeds with compassion, respect, empathy, dignity, and clinical excellence. GHHS chapters and their host institutions are committed to creating an environment for its members that is safe, equitable, diverse, and free from discrimination of any type.



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Grenada, West Indies